

**“HOME IS
WHERE
YOUR
STORY
BEGINS.”**

**-ANNIE
DANIELSON**



FAMILY ROAD TO RECOVERY

**Assisting Families That Are Navigating
Substance Use and Recovery**

CONTACT US

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ATS Access Department

Ask about the Family Road to Recovery Program.

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**DURING OUR 40 YEARS OF EXPERIENCE,
WE KNOW ONE THING FOR SURE:**

RECOVERY EMERGES FROM

HOPE

**ADDICTION
TREATMENT
SERVICES**

TRAVERSE CITY, MI

OUR PROGRAM

The Family Road to Recovery Program is a donation based program that utilizes an evidence-based approach that is designed for family members, individuals and friends who would like to improve their relationship with a loved one struggling with addiction, or a loved one in recovery. Participants of the Family Road to Recovery Program will receive education on addiction, co-dependency, trust, enabling and communication.



WHAT WE OFFER

- Evidence-based programming that guides 7 psychoeducational group sessions
- Support to families who have a loved one in recovery or struggling with substance use disorder
- Strategic individualized plans to create positive change within the family dynamic
- Assistance in improving the psychosocial functioning, relationships, and physical functioning of the family
- Case management services
- Assistance related to accessing community resources

WHAT TO EXPECT

The Family Road to Recovery Program participants are asked to participate actively in written exercises, homework assignments, role-plays, and other forms of behavioral training so that they are prepared to apply their learning to real life situations. Family Psychoeducational Groups consist of seven sessions that occur once a week, for a duration of one hour. Case management participation is on an individualized as-needs basis.

